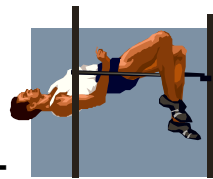




“Take Your Mark, Set, **GO**” --



to the Anthony Wayne Track on **Thursday May 21st**.

(Rain date May 22nd)

Come and watch our sixth grade students run, jump and throw their way to a fun and exciting day of Track and Field events. The following is a time schedule (subject to change) for the day and some suggestions for making the day enjoyable for your student.

7:50 - 8:00 Warm up at Field Event

8:00 - 9:00 Field Events (Long Jump, High Jump, Discus, and Shot Put)

9:00 - 10:00 Track Events (100m, 200m, 400m, 800m and 1600m)

10:00 - 11:15 Team Events (4x100m, 4x200m, Medley Relay and Tug-of-War)

11:15 - 11:50 Lunch (All 6th Grade students **MUST PACK** their lunch on Track and Field Day)

11:50 - 2:40 Fun Events (Obstacle Course, Jump Rope and Basketball Dribble) and Awards

1. 6th Grade Students should dress for the weather on Thursday morning. Warm - ups or Sweats should be worn if the day is cool and shorts if the day is warm. **Tennis shoes that tie are a must.** (No cleats or spikes will be permitted)
2. Parents and Grandparents are more than welcome. Cameras are also welcome.
3. Students should eat a good breakfast on Track and Field Day!!!
4. Students **may** bring water; it will also be available for them.
5. Students **must** pack their lunch.